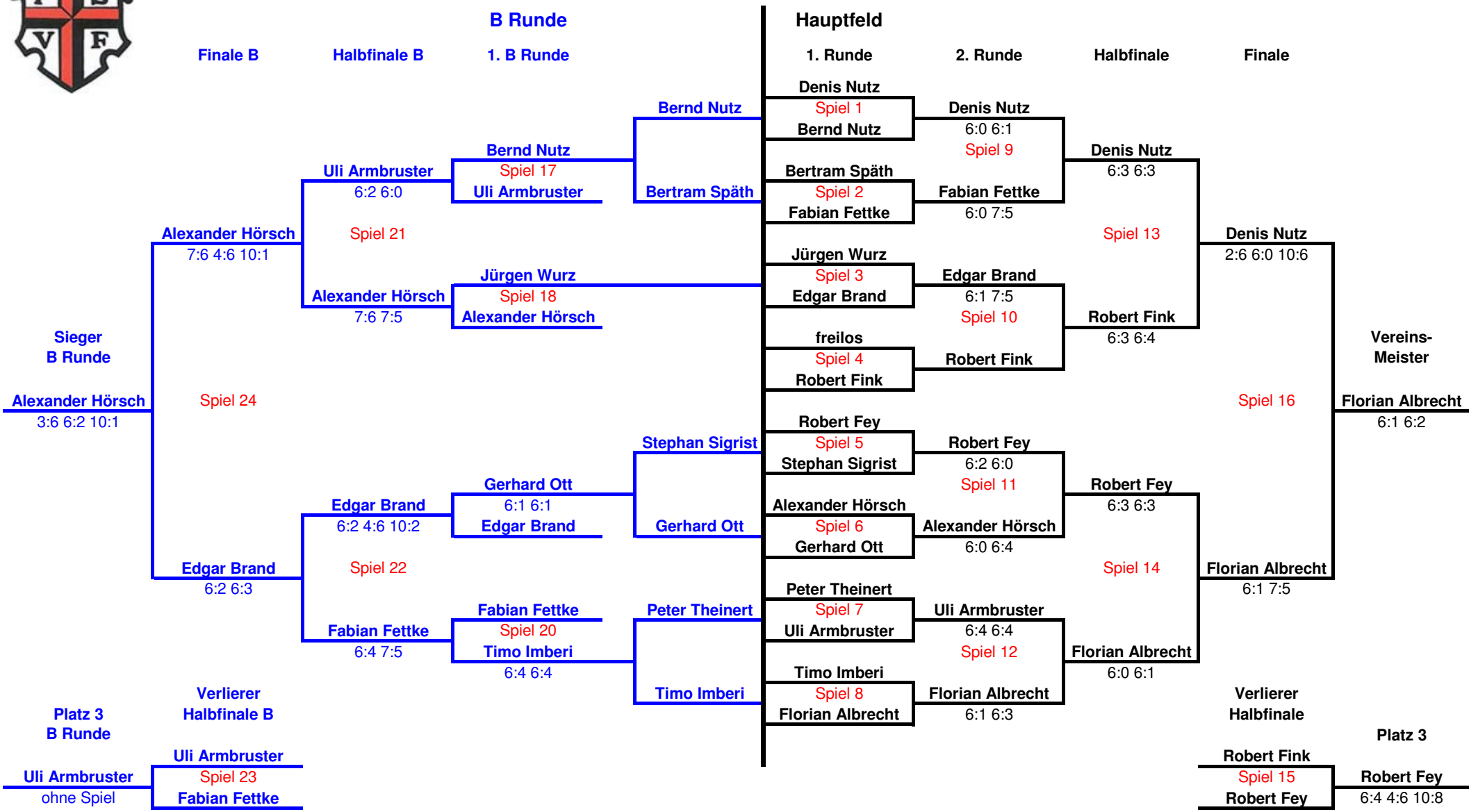Vereinsmeisterschaft 2009 Herren